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NOTABLES

We are accepting financial gifts to support the registration cost for workshops and trainings with CLB Management Inc. for the youth in the communities we serve. Please bless a youth with an opportunity to learn that there is more to life than what meets the eye.

2010 Woman of the Year Training and Development

Davita N. Carpenter - V.I.P. Member



Training and development are two areas of a person’s life that begins at birth and continues throughout life. As human, we are hardwired to move forward and grow. I truly enjoy experiencing other’s Aha and Wow moments. It is like watching a child discover a rainbow after the storm or that mom or dad is no longer holding onto the back of the bike as they peddle along. Simply put, I feel like their accomplishments are my accomplishments.

Receiving this honor tells me that the dedication and commitment that I have put into CLB Management Inc. is all worth it. I enjoy getting into my zone and maximizing each moment, especially when I am sharing it with someone who comes to a realization that they are reaching their potential to be what they have worked so hard to be at that very moment in their life.

A sincere thank you, to all who have blessed me with this honor. God Bless

Celebrated as Keynote Speaker at 1st Annual Maryland State Alliance for Black School Educators



The MSABSE is an organization that touches every person in the state. We have heard the cliché “Our Children Are the Future” for a very long time; this organization takes this saying to heart. Not only do they believe it, they are using their resources to facilitate leadership amongst teachers, administrators as well as other in the community. Simply stated, MSABSE is holding all of us accountable for the success of our children. The partnership between the families and the educators must be formed and sustained to empower each new generation. To learn more or to become a member of MSABSE to go www.MSABSE.com.

HR & Motivational Application Zones



CLB Management Inc.
presents

"MAXIMIZE EACH MOMENT"
2010 Women's Conference

November 6, 2010 10:00a.m. to 3:00p.m. **(\$40 Registration)**
Motivation, Inspiration, Knowledge, Food, Fun and Give-a-ways
Owen Brown Interfaith Center
7246 Cradlerock Way
Columbia, MD 21045
410-381-2000

Limited vendor & advertising opportunities are available
Registration opens August 9th online - Paper/Electronic forms available NOW!

4 Dynamic Speakers & ME

Career-Finance-Health-Fitness-Life

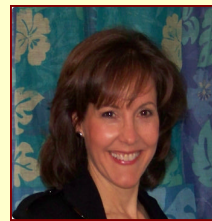
Michelle Michie, Michie Tax Consultant



CERTIFIED TAX PREPARER

Michelle will teach you the importance of tracking your finances and finding tax deductible treasures along the journey to April 15th!

Nancy Parlette, Health Living Strategies



NATURAL HEALTH COUNSELOR & NUTRITION EDUCATOR

Through Nancy's lively presentations you will learn healthy living strategies that can energize you for living!

To Be Determined



FINANCIAL ADVISOR

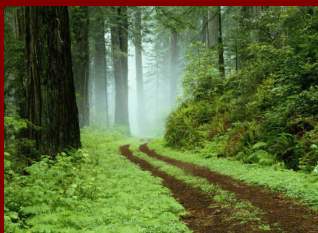
Knows how to save money; and they will share their secrets to being budget conscious without sacrificing the enjoyable moments of your life!

Marcus Brown, BodyFat



CERTIFIED TRAINER

Marcus shows us how to create a temple for the Holy spirit to flourish and dwell in during our every day moments with simple to do exercises!



"I look back to gain wisdom, I stand still to strengthen my roots, I look forward to encourage my soul, and all who share these moments are forever a part of my story."

"One of Life's Moments"

Our course in life is clear when we dare to believe in our self and our God given talents. There are no mistakes. There is only life, and we have been given our lives to enjoy with a freedom that is unearned and undeserved. I have learned to accept life's moments for what they are. These moments are orchestrated solely by my hand and other times I am just part of the band. No matter whether

I am the conductor or a follower it is my life story that is being written. It is important to recognize and embrace a new season in our lives. It can be a season to rest, sow, grow, or harvest. Which ever season I am encountering I take note of who I am, where I am, and all those who play a part in my story. I say to you my dear friend, "Rip off your bond-

age, set free your wings, and open your eyes wide to take every drop of life in; so that when you start each new season of your life you can declare courageously "I look back to gain wisdom, I stand still to strengthen my roots, I look forward to encourage my soul, and all who share these moments are forever a part of my story".

IN THE ZONE!

The E₂O₂ Corner

Educated & Empowered to Opt-Out
 FROM DRUGS, ALCOHOL, GANGS, SMOKING & SEX
 AN ASSOCIATION FOR OUR YOUTH AGES 11-18

We are busy collecting information from interested adults and youths that we meet at local events in Maryland. The word is getting out and we are carefully designing an association that truly serves the need of our youth.

Our partners are eager to get things started to show the youth that we are ready and willing to share all the knowledge and know how to enable them to be confident in their decision making when it comes to life decisions.

We are striving to find new partners and supporters who believe in our mission and future so that we can provide an enriched youth association.

Resource Links For You & Your Youth

Drug/Alcohol Facts & Information

<http://www.checkyourself.com>
www.samhsa.gov

Domestic Violence

1-800-MD-HELPS
 410-828-6390

Youth and Sex

www.cdc.gov/hiv
4parents.gov

Gang Prevention

www.ngcrc.com
www.focusas.com/gangs.html



EDUCATED AND EMPOWERED TO OPT-OUT

To enjoy a state of frequent happiness is to broaden your view of what happiness entails - this promotes better health and view of your life

CLB's Twitter

Think back to when you were a child and what made you happy. It was the small things in life, like the sound of the ice cream truck coming down the neighborhood on a hot summer day, or days with your best buddy just sitting around being kids. It is time that we all find that place within our careers and life that happiness truly does lie in JUST BEING.

Just being able to provide a service to someone and make a difference in their lives
Just being able to feel the cares of a friend or loved one for your wellbeing and joy
Just being able to have another day to do things better from the life lessons learned from the days past

Just Being, should bring you Happiness!



<http://Twitter.com/DCarpCLBMGT>

Upcoming Events & Information

The Angel Food Ministry is a blessing to many. You can save your family hundreds of dollars a year on your food bill by visiting this site monthly:

www.angelfoodministries.com

Healthy and delicious foods and meals for your family at a fraction of the cost. Bon Appétit!



The Baltimore City Health Department is proud to sponsor Weight Watchers classes! Do you want to learn how to shape up while still enjoying food? Come out to these **FREE** classes! **Sign up with your family and friends!** Call Stacey Tuck at 410-396-7429. Get your body right!

Launching of
"IN THE ZONE MEMBERSHIP"

December 2010

www.CLBManagement.com

CLB Management Inc. Welcomes
 Consultants

Yvette Baker, B.A., M.B.A
Sandra McMillian, B.A., M.A., LCPC
 Review Their Profile On Line Now!



October 9, 2010

Women & Young Ladies
 Empowerment Explosion
 "From the Classroom to the Boardroom"
 Presenter - Davita Carpenter
 Mount Pleasant Church and Ministries
 6000 Radecke Ave., Baltimore, MD 21206
www.MtPleasant.org for more information

E₂O₂ Young Women's Workshop
"Who, What, When & Then Me"
 Wednesdays 9/1-29/2010
 6:30pm-8:00pm
 New Destiny Evangelistic Church
 2080 Trimble Road, Edgewood, MD



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Davita is a native of Baltimore, Maryland, and a successful citizen of the educational and basketball community of this wonderful city. Her academic and on-the-court successes afforded an athletic basketball scholarship to Syracuse University culminating with a B.A. in Sports Medicine and English, 1992. Davita graduated Magna Cum Laude in 2005, receiving a M.B.A. in Management with a concentration in Human Resources from Strayer University. She is the mother of two young men and a Christian who strives to live her life to serve and be a blessing to others.

Her professional and personal experiences over the last 20 years have involved Public Speaking and Community Services during her studies at Syracuse University and past involvement with organizations serving the community. She has over 19 years of Human Resources and Executive Management experience.

**"Get Into Your Zone
and
Maximize Each Moment"**

Resource Tips From the Tree

- ◆ Work hard at overcoming one of your fears every month
- ◆ Speak positive about your situation so the words can manifest in ways you can't even imagine
- ◆ Make an effort to reach out and help someone each day; you will quickly learn that you helped yourself as well



- ◆ Design a possibility board that you can look to for inspiration and direction
- ◆ Pick one person a month that you can reconnect with to take you forward in your journey
- ◆ Find ways to stretch your abilities in your career and life